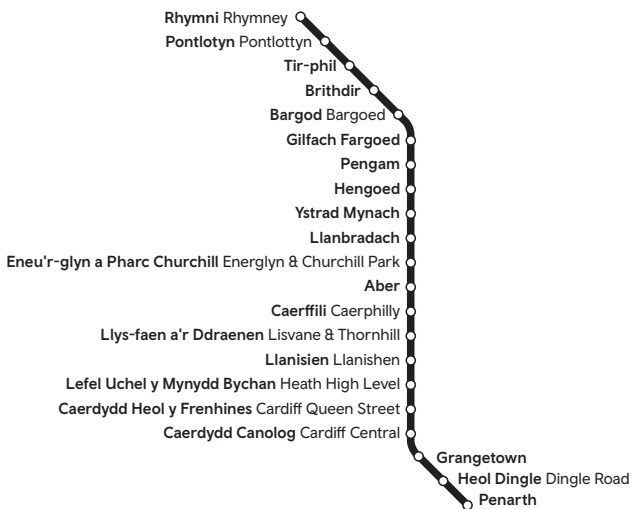


Amserau Trenau | Train Times

11 Rhagfyr 2022 - 20 Mai 2023 | 11 December 2022 - 20 May 2023

Cwm Rhymni - Caerffili - Caerdydd Canolog - Penarth Rhymney Valley - Caerphilly - Cardiff Central - Penarth



Canllaw yn unig yw'r llyfrynnau amserlenni. Dyw newidiadau oherwydd gwaith peiranyddol neu darfu anisgwylidiedig ar y diwrnod ddim wedi'u cynnwys. Mae gwasanaethau'n gallu newid felly gwnewch eich gwaith cartref cyn teithio, ewch i [trc.cymru](https://www.trc.cymru)

Timetable booklets are provided as a guide only. Changes due to engineering works or on-the-day unplanned disruption are not included. Services are subject to change, check before you travel, visit [tfw.wales](https://www.tfw.wales)



TTB05a_DLB_V1_12/22



TRAFNIDIAETH CYMRU
TRANSPORT FOR WALES

Paid â chael dy ddal!

Don't get caught red-handed!



Mae Arolygwyr Diogelu Refeniw yn patrolio ein rhwydwaith yn rheolaidd yn gwirio ticedi.

Mae'n rhaid i chi brynu tocyn dilys ar gyfer eich taith cyn mynd ar y trê - dyna'r gyfraith.*

Os nad ydych yn gwneud hynny, gallech chi gael eich erlyn a chael hyd at **£1000** o ddirwy.

Revenue Protection Inspectors are regularly patrolling our network checking tickets.

You must buy a valid ticket for your journey before getting on the train - it's the law.*

If you don't, you risk prosecution and fines of up to **£1000**.

* Amodau Teithio National Rail ac Is-ddeddfau Rheilffyrdd 2005

*National Rail Conditions of Travel and Railway Byelaws 2005



TEITHIO'N SAFFACH GYDA'N GWIRIWR CAPASITI

Gynllunio ymlaen llaw, gweld pa mor brysur yw ein trenau fel arfer a phenderfynu pryd i deithio.

Ewch i trctrenau.cymru neu fwrw golwg ar ap TrC.






TRAVEL SAFER WITH OUR CAPACITY CHECKER






Plan ahead, check how busy our trains usually are and decide when to travel.

Visit tfwrail.wales or check the TFW app.



TRAFNIDIAETH CYMRU
TRANSPORT FOR WALES

Cwm Rhymini - Caerffili - Caerdydd - Penarth							Dydd Llun i ddydd Sadwrn				
Rhyrny Valley - Caerphilly - Cardiff - Penarth							Mondays to Saturdays				
	TfW	TfW	TfW	TfW H	TfW SX	TfW SO	TfW	TfW	TfW	TfW	
Rhymini / Rhyrny	d						06 12	06 32		07 00	
Pontlotyn / Pontlottyn	d						06 15	06 35		07 03	
Tir-phil	d						06 19	06 40		07 08	
Brithdir	d						06 22	06 42		07 10	
Bargoed	d						06 27	06 46	07 02	07 15	
Gilfach Fargoed	d						06 29x		07 04	07 18x	
Pengam	d						06 32	06 5 1	07 07	07 20	
Hengoed	d						06 36	06 54	07 10	07 24	
Ystrad Mynach 	a						06 39	06 57	07 13	07 26	
Ystrad Mynach 	d						06 39	06 57	07 13	07 27	
Llanbradach	d						06 44	07 0 1	07 18	07 3 1	
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d						06 48	07 05		07 35	
Aber	d						06 50	07 07	07 22	07 38	
Caerffili / Caerphilly	d			06 1 1			06 54	07 10	07 25	07 40	
Llysfaen / Lisvane & Thornhill	d			06 1 5			06 58	07 14	07 29	07 45	
Llanishen	d			06 1 7			07 00	07 16	07 3 1	07 47	
Lefel Uchel / Heath High Level	d			06 20			07 03	07 19	07 34	07 50	
Heol y Frenhines / Cardiff Queen St 	a			06 26		06 50d	07 09	07 25	07 40	07 56	
Caerdydd Canolog / Cardiff Central 	a			06 30		06 56	07 14	07 30	07 44	08 00	
Caerdydd Canolog / Cardiff Central 	d	05 46	06 16	06 34	06 40	07 0 1	07 0 1	07 16	07 32	07 46	08 0 1
Grangetown	d	05 50	06 20	06 38	06 44	07 05	07 05	07 20	07 36	07 50	08 06
Rhws a Maes Awyr / Rhoose & Airport	a				07 1 1	08 1 2	08 1 2			09 1 1	
Heol Dingle / Dingle Road	d	05 54	06 24	06 42		07 10	07 1 1	07 25	07 42	07 56	08 1 1
Penarth	a	05 59	06 29	06 47		07 15	07 16	07 29	07 46	08 0 1	08 1 5

Cwm Rhymini - Caerffili - Caerdydd - Penarth							Dydd Llun i ddydd Sadwrn				
Rhyrny Valley - Caerphilly - Cardiff - Penarth							Mondays to Saturdays				
	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	
Rhymini / Rhyrny	d	07 24	07 43				08 33				09 27
Pontlotyn / Pontlottyn	d	07 27	07 46				08 36				09 30
Tir-phil	d	07 3 1	07 5 1				08 40				09 35
Brithdir	d	07 34	07 53				08 43				09 37
Bargoed	d	07 32	07 43	07 58	08 14	08 32	08 47	09 00		09 25	09 44
Gilfach Fargoed	d	07 34	07 46x		08 17x						
Pengam	d	07 37	07 49	08 03	08 19	08 37	08 52	09 04		09 30	09 49
Hengoed	d	07 40	07 53	08 06	08 23	08 40	08 55	09 08		09 34	09 53
Ystrad Mynach 	a	07 43	07 56	08 09	08 26	08 43	08 58	09 1 1		09 38	09 56
Ystrad Mynach 	d	07 43	07 56	08 10	08 26	08 43	08 58	09 1 1	09 28	09 39	09 56
Llanbradach	d	07 48	08 0 1	08 14	08 30	08 48	09 03	09 15	09 33	09 44	10 00
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d		08 05	08 18	08 34			09 19			10 04
Aber	d	07 52	08 08	08 2 1	08 36	08 52	09 07	09 2 1	09 37	09 49	10 06
Caerffili / Caerphilly	d	07 55	08 10	08 24	08 40	08 55	09 10	09 25	09 40	09 54	10 10
Llysfaen / Lisvane & Thornhill	d	07 59	08 15	08 29	08 44	08 59	09 14	09 29	09 44	09 59	10 14
Llanishen	d	08 0 1	08 18	08 3 1	08 46	09 0 1	09 16	09 3 1	09 46	10 0 1	10 16
Lefel Uchel / Heath High Level	d	08 04	08 2 1	08 34	08 49	09 04	09 19	09 34	09 49	10 04	10 19
Heol y Frenhines / Cardiff Queen St 	a	08 10	08 27	08 40	08 55	09 10	09 25	09 40	09 55	10 10	10 25
Caerdydd Canolog / Cardiff Central 	a	08 14	08 3 1	08 46	09 0 1	09 15	09 3 1	09 45	10 0 1	10 15	10 30
Caerdydd Canolog / Cardiff Central 	d	08 18	08 32		09 02	09 16	09 32	09 48	10 02	10 16	10 32
Grangetown	d	08 22	08 36		09 06	09 22	09 37	09 52	10 07	10 22	10 37
Rhws a Maes Awyr / Rhoose & Airport	a			10 1 1				1 1 1 1			
Heol Dingle / Dingle Road	d	08 27	08 4 1		09 1 1	09 26	09 4 1	09 56	10 1 1	10 26	10 4 1
Penarth	a	08 30	08 46		09 16	09 3 1	09 45	10 00	10 16	10 3 1	10 46

Nodiadau

- H I Ben-y-bont ar Ogwr
- SX Dydd Llun i ddydd Gwener
- SO Dydd Sadwrn yn unig

Notes

- H To Bridgend
- SX Monday to Friday
- SO Saturday only

I gael esboniad o'r nodiadau a symbolau safonol gweler gwaelod yr amserlen
For an explanation of standard notes and symbols, please see end of timetable

Cwm Rhymini - Caerffili - Caerdydd - Penarth				Dydd Llun i ddydd Sadwrn							
Rhyrny Valley - Caerphilly - Cardiff - Penarth				Mondays to Saturdays							
	TfW	TfW SX	TfW SO	TfW	TfW	TfW	TfW	TfW	TfW	TfW	
Rhyrny / Rhyrny	d				1027				1127		
Pontlotyn / Pontlottyn	d				1030				1130		
Tir-phil	d				1035				1135		
Brithdir	d				1037				1137		
Bargoed	d	1000			1025	1044			1125	1200	
Gilfach Fargoed	d										
Pengam	d	1004			1030	1049			1130	1149	1204
Hengoed	d	1008			1034	1053			1134	1153	1208
Ystrad Mynach	a	10 11			1038	1056			1138	1156	12 11
Ystrad Mynach	d	10 11	1028	1028	1039	1056		1128	1139	1156	12 11
Llanbradach	d	10 15	1033	1033	1044	1100		1133	1144	1200	12 15
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	10 19				1104				1204	12 19
Aber	d	1021	1037	1037	1049	1106		1137	1149	1206	1221
Caerffili / Caerphilly	d	1025	1040	1040	1054	1110		1140	1154	12 10	1225
Llysfen / Llysfen & Thornhill	d	1029	1044	1044	1059	1114		1144	1158	12 14	1229
Llanishen	d	1031	1046	1046	1101	1116		1146	1200	12 16	1231
Llefel Uchel / Heath High Level	d	1034	1049	1049	1104	1119		1149	1203	12 19	1234
Heol y Frenhines / Cardiff Queen St	a	1040	1055	1055	1110	1125		1155	12 10	1225	1240
Caerdydd Canolog / Cardiff Central	a	1045	1100	1101	1115	1130		1200	12 15	1231	1245
Caerdydd Canolog / Cardiff Central	d	1046		1102	1116	1132	1146	1202	12 16	1232	1246
Grangetown	d	1050		1106	1122	1137	1150	1207	1222	1237	1252
Rhws a Maes Awyr / Rhoose & Airport	a	12 11					13 11				14 11
Heol Dingle / Dingle Road	d	1056		1111	1126	1141	1156	12 11	1226	1241	1256
Penarth	a	1101		1116	1131	1146	1201	12 16	1231	1246	1301

Cwm Rhyrny - Caerffili - Caerdydd - Penarth				Dydd Llun i ddydd Sadwrn							
Rhyrny Valley - Caerphilly - Cardiff - Penarth				Mondays to Saturdays							
	TfW	TfW	TfW	TfW	TfW	TfW SX	TfW SO	TfW	TfW	TfW	
Rhyrny / Rhyrny	d			1227					1327		
Pontlotyn / Pontlottyn	d			1230					1330		
Tir-phil	d			1235					1335		
Brithdir	d			1237					1337		
Bargoed	d		1225	1244	1300			1325	1325	1344	1400
Gilfach Fargoed	d										
Pengam	d		1230	1249	1304			1330	1330	1348	1404
Hengoed	d		1234	1253	1308			1334	1334	1352	1408
Ystrad Mynach	a		1238	1256	13 11			1338	1338	1355	14 11
Ystrad Mynach	d	1228	1239	1256	13 11	1328	1339	1339	1355	14 11	1428
Llanbradach	d	1233	1244	1300	13 15	1333	1344	1344	1400	14 15	1433
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d			1304	13 19				1404	14 19	
Aber	d	1237	1249	1306	1321	1337	1349	1349	1406	1421	1437
Caerffili / Caerphilly	d	1240	1254	13 10	1325	1340	1354	1354	14 10	1425	1440
Llysfen / Llysfen & Thornhill	d	1244	1259	13 14	1329	1344	1359	1359	14 14	1429	1444
Llanishen	d	1246	1301	13 16	1331	1346	1401	1401	14 16	1431	1446
Llefel Uchel / Heath High Level	d	1249	1304	13 19	1334	1349	1404	1404	14 19	1434	1449
Heol y Frenhines / Cardiff Queen St	a	1255	13 10	1325	1343	1355	14 10	14 10	1425	1440	1455
Caerdydd Canolog / Cardiff Central	a	1300	13 15	1330	1345	1400	14 15	14 15	1431	1445	1500
Caerdydd Canolog / Cardiff Central	d	1302	13 16	1332	1346	1402		14 16	1432	1446	1502
Grangetown	d	1307	1322	1336	1350	1406		1420	1436	1450	1506
Rhws a Maes Awyr / Rhoose & Airport	a				15 11					16 11	
Heol Dingle / Dingle Road	d	13 11	1326	1341	1356	1411		1426	1441	1456	15 11
Penarth	a	13 16	1331	1346	1401	1416		1431	1446	1501	15 16

Nodiadau

SX Dydd Llun i ddydd Gwener
SO Dydd Sadwrn yn unig

Notes

SX Monday to Friday
SO Saturday only

Cwm Rhymni - Caerffili - Caerdydd - Penarth							Dydd Llun i ddydd Sadwrn				
Rhymney Valley - Caerphilly - Cardiff - Penarth							Mondays to Saturdays				
	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	
Rhymni / Rhymney	d	1427				1527				1627	
Pontlotyn / Pontlottyn	d	1430				1530				1630	
Tir-phil	d	1435				1535				1635	
Brithdir	d	1437				1537				1637	
Bargoed	d	1425	1444	1500		1532	1544	1600	16 17	1632 1644	
Gilfach Fargoed	d								16 19x		
Pengam	d	1430	1449	1504		1537	1548	1604	1622	1637 1649	
Hengoed	d	1434	1453	1508		1540	1552	1608	1625	1640 1653	
Ystrad Mynach	a	1438	1456	15 11		1543	1555	16 11	1628	1643 1656	
Ystrad Mynach	d	1439	1456	15 11	1528	1543	1555	16 11	1628	1643 1656	
Llanbradach	d	1444	1500	15 15	1533	1548	1600	16 15	1633	1648 1700	
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d		1504	15 19			1604	16 19		1704	
Aber	d	1449	1506	152 1	1537	1552	1606	162 1	1637	1652 1706	
Caerffili / Caerphilly	d	1454	15 10	1525	1540	1555	16 10	1625	1640	1655 17 10	
Llysfaen / Lisvane & Thornhill	d	1459	15 14	1529	1544	1559	16 14	1629	1644	1659 17 14	
Llanishen	d	150 1	15 16	153 1	1546	160 1	16 16	163 1	1646	170 1 17 16	
Lefel Uchel / Heath High Level	d	1504	15 19	1534	1549	1604	16 19	1634	1649	1704 17 19	
Heol y Frenhines / Cardiff Queen St	a	15 10	1525	1540	1555	16 10	1625	1640	1655	17 10 1725	
Caerdydd Canolog / Cardiff Central	a	15 15	1530	1545	1600	16 15	163 1	1645	170 1	17 15 173 1	
Caerdydd Canolog / Cardiff Central	d	15 16	1532	1546	1602	16 16	1632	1646	1702	17 16 1732	
Grangetown	d	1520	1536	1550	1606	1620	1636	1650	1706	1720 1736	
Rhws a Maes Awyr / Rhoose & Airport	a			17 11				18 11			
Heol Dingle / Dingle Road	d	1526	154 1	1556	16 11	1626	164 1	1656	17 11	1726 174 1	
Penarth	a	153 1	1546	160 1	16 16	163 1	1646	170 1	17 15	173 1 1745	

Cwm Rhymni - Caerffili - Caerdydd - Penarth							Dydd Llun i ddydd Sadwrn				
Rhymney Valley - Caerphilly - Cardiff - Penarth							Mondays to Saturdays				
	TfW	TfW SX	TfW	TfW SX	TfW	TfW	TfW FSO	TfW FO	TfW	TfW	
Rhymni / Rhymney	d			1727							
Pontlotyn / Pontlottyn	d			1730							
Tir-phil	d			1735							
Brithdir	d			1737							
Bargoed	d	1700	17 17	1732	1744	18 15			1849	1849	
Gilfach Fargoed	d		17 19x			18 18x			185 1x	185 1x	
Pengam	d	1704	1722	1737	1749	1820			1854	1854	
Hengoed	d	1708	1725	1740	1753	1824			1857	1857	
Ystrad Mynach	a	17 11	1728	1743	1756	1826			1900	1900	
Ystrad Mynach	d	17 11	1728	1743	1756	1827	1853		1900	1900	
Llanbradach	d	17 15	1733	1748	1800	183 1			1905	1905	
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	17 19			1804	1835					
Aber	d	172 1	1737	1752	1806	1837			1909	1909	
Caerffili / Caerphilly	d	1725	1740	1755	18 10	1840			19 12	19 12	
Llysfaen / Lisvane & Thornhill	d	1729	1744	1759	18 14	1844			19 16	19 16	
Llanishen	d	173 1	1746	180 1	18 16	1846			19 18	19 18	
Lefel Uchel / Heath High Level	d	1734	1749	1804	18 19	1849			192 1	192 1	
Heol y Frenhines / Cardiff Queen St	a	1740	1755	18 10	1825	1855		19 16d	1927	1927 195 1d	
Caerdydd Canolog / Cardiff Central	a	1745	180 1	18 15	183 1	190 1	19 16	19 19	193 1	193 1 1956	
Caerdydd Canolog / Cardiff Central	d	1746	1802	18 16	1832	190 1		1920		193 1 2003	
Grangetown	d	1752	1806	1820	1836	1905		1924		1935 2007	
Rhws a Maes Awyr / Rhoose & Airport	a	19 11				20 12				21 13	
Heol Dingle / Dingle Road	d	1756	18 11	1826	184 1	19 11		1929		1940 20 11	
Penarth	a	180 1	18 16	183 1	1846	19 16		1934		1945 20 16	

Nodiadau

- SX Dydd Llun i ddydd Gwener
- FSO Dydd Gwener a dydd Sadwrn yn unig
- FO Dydd Gwener yn unig

Notes

- SX Monday to Friday
- FSO Fridays and Saturdays only
- FO Friday only

I gael esboniad o'r nodiadau a symbolau safonol gweler gwaelod yr amserlen
For an explanation of standard notes and symbols, please see end of timetable

Cwm Rhymni - Caerffili - Caerdydd - Penarth						Dydd Llun i ddydd Sadwrn				
Rhymney Valley - Caerphilly - Cardiff - Penarth						Mondays to Saturdays				
	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW
		FSO	FX	FSO	FX	SO		FO	FX N	FX Q
Rhymni / Rhymney	d					2000		2000		
Pontlotyn / Pontlottyn	d					2003		2003		
Tir-phil	d					2008		2008		
Brithdir	d					2010		2010		
Bargoed	d					2015		2015		
Gilfach Fargoed	d					2018x		2018x		
Pengam	d					2021		2021		
Hengoed	d					2024		2024		
Ystrad Mynach	a					2027		2027		
Ystrad Mynach	d					2027		2027		
Llanbradach	d					2032		2032		
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d					2036		2036		
Aber	d					2038		2038		
Caerffili / Caerphilly	d	1940		2010	2026	2026	2042	2042		
Llysfaen / Lisvane & Thornhill	d	1944		2014	2030	2037	2046	2046		
Llanishen	d	1946		2016	2032	2043	2048	2048		
Lefel Uchel / Heath High Level	d	1949		2019	2035	2049	2051	2051		
Heol y Frenhines / Cardiff Queen St	a	1955	2015d	2025	2041	2104	2057	2057	2121d	
Caerdydd Canolog / Cardiff Central	a	2000	2020	2030	2046	2113	2104	2101	2124	
Caerdydd Canolog / Cardiff Central	d		2031	2031			2106	2103	2131	2131
Grangetown	d		2037	2035			2110	2107	2135	2135
Rhws a Maes Awyr / Rhoose & Airport	a	2113			2211		2211			
Heol Dingle / Dingle Road	d		2041	2039			2114	2111	2141	2141
Penarth	a		2046	2043			2119	2116	2145	2145

Cwm Rhymni - Caerffili - Caerdydd - Penarth						Dydd Llun i ddydd Sadwrn				
Rhymney Valley - Caerphilly - Cardiff - Penarth						Mondays to Saturdays				
	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW
	FSO	FX	SO	SO	FX N	FX Q	FO	FSO U	FX Q	FX N
Rhymni / Rhymney	d	2000	2046							
Pontlotyn / Pontlottyn	d	2008	2049							
Tir-phil	d	2013	2054							
Brithdir	d	2018	2056							
Bargoed	d	2023	2101							
Gilfach Fargoed	d	2028	2104x							
Pengam	d	2033	2107							
Hengoed	d	2043	2110							
Ystrad Mynach	a	2048	2113							
Ystrad Mynach	d	2048	2113					2139		
Llanbradach	d	2058	2118					2143		
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	2108	2122							
Aber	d	2113	2124					2148		
Caerffili / Caerphilly	d	2118	2128					2151		
Llysfaen / Lisvane & Thornhill	d	2128	2132					2155		
Llanishen	d	2133	2134					2157		
Lefel Uchel / Heath High Level	d	2138	2137					2200		
Heol y Frenhines / Cardiff Queen St	a	2121d	2153	2143	2151d	2151d	2151d	2206		2216d
Caerdydd Canolog / Cardiff Central	a	2126	2201	2148	2155	2155	2155	2210		2219
Caerdydd Canolog / Cardiff Central	d	2132			2156	2156	2156	2210	2231	2231
Grangetown	d	2136			2200	2200	2200	2214a	2235	2235
Rhws a Maes Awyr / Rhoose & Airport	a				2313	2313	2313			
Heol Dingle / Dingle Road	d	2141			2204	2204	2204		2239	2239
Penarth	a	2145			2209	2209	2209		2244	2244

Nodiadau

- FSO Dydd Gwener a dydd Sadwrn yn unig
- FX Dydd Llun i ddydd Iau
- SO Dydd Sadwrn yn unig
- FO Dydd Gwener yn unig
- N Tan 9 Chwefror
- Q O 13 Chwefror
- U I Ynys y Barri

Notes

- FSO Fridays and Saturdays only
- FX Monday to Thursday
- SO Saturday only
- FO Friday only
- N Until 9 February
- Q From 13 February
- U To Barry Island

		TfW FX	TfW FSO	TfW FSO	TfW SX Y	TfW SX Q	TfW SO	TfW FX	TfW FX		
Rhymni / Rhymney	d	2046	2 136						2 136		
Pontlotyn / Pontlottyn	d	2054	2 139						2 144		
Tir-phil	d	2059	2 144						2 149		
Brithdir	d	2 104	2 146						2 154		
Bargoed	d	2 109	2 150						2 159		
Gilfach Fargoed	d	2 114	2 153x						2204		
Pengam	d	2 119	2 155						2209		
Hengoed	d	2 129	2 159						22 19		
Ystrad Mynach	a	2 134	2202						2224		
Ystrad Mynach	d	2 134	2202					2 159	2224		
Llanbradach	d	2 144	2206					2209	2234		
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	2 154	22 10					22 19	2244		
Aber	d	2 159	22 12					2224	2249		
Caerffili / Caerphilly	d	2204	22 15	2229				2229	2254		
Llysfaen / Lisvane & Thornhill	d	22 14	22 19					2239	2304		
Llanishen	d	22 19	222 1					2244	2309		
Lefel Uchel / Heath High Level	d	2224	2224					2249	23 14		
Heol y Frenhines / Cardiff Queen St	a	2239	2230	2240	2254d		2254d	2304	2329		
Caerdydd Canolog / Cardiff Central	a	2247	2235	2246	2304		2304	23 12	2337		
Caerdydd Canolog / Cardiff Central	d		2236		23 11	23 11	23 11				
Grangetown	d		2240		23 15	23 15	23 15				
Rhws a Maes Awyr / Rhoose & Airport	a										
Heol Dingle / Dingle Road	d		2244		23 19	23 19	23 19				
Penarth	a		2249		2324	2324	2324				

Nodiadau

FX Dydd Llun i ddydd Iau

FSO Dydd Gwener a dydd Sadwrn yn unig

SX Dydd Llun i ddydd Gwener

Y Tan 10 Chwefror

Q O 13 Chwefror

SO Dydd Sadwrn yn unig

Notes

FX Monday to Thursday

FSO Fridays and Saturdays only

SX Monday to Friday

Y Until 10 February

Q From 13 February

SO Saturday only

Mae'r llwybrau mewn print tywyll yn dangos gwasanaethau bysiau yn lle trenau. Gweler y posteri Information/Gwybodaeth yn y gorsafocddi i weld lle bydd y bysiau'n aros






Shaded routes indicate replacement bus services. Please see Information/Gwybodaeth posters at stations for bus pick up point


Gall gwaith i wella rheilffyrdd effeithio ar deithiau ar ddiwrnodau'r wythnos cyn 0630 neu ar ôl 2100. Cyn teithio, ewch i www.trc.cymru neu ffoniwch 03457 48 49 50.

Rail improvement work can affect journeys on weekdays before 0630 or after 2100 hours and on weekends. Before travelling, visit www.tfw.wales or call 03457 48 49 50.

Cwm Rhymni - Caerffili - Caerdydd - Penarth										Dydd Sul
Rhyrney Valley - Caerphilly - Cardiff - Penarth										Sundays
	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW
Rhymni / Rhymney	d	0900		10 13		11 12		12 13		13 12
Pontlotyn / Pontlottyn	d	0903		10 16		11 15		12 16		13 15
Tir-phil	d	0908		10 21		11 19		12 21		13 19
Brithdir	d	09 10		10 23		11 22		12 23		13 22
Bargoed	d	09 15		10 28		11 26		12 28		13 26
Gilfach Fargoed	d	09 17x		10 30x		11 29x		12 30x		13 29x
Pengam	d	09 20		10 33		11 31		12 33		13 31
Hengoed	d	09 23		10 36		11 35		12 36		13 35
Ystrad Mynach	a	09 27		10 40		11 38		12 40		13 38
Ystrad Mynach	d	09 27		10 40		11 38		12 40		13 38
Llanbradach	d	09 31		10 44		11 43		12 44		13 43
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	09 35		10 48		11 46		12 48		13 46
Aber	d	09 37		10 50		11 49		12 50		13 49
Caerffili / Caerphilly	d	09 40	10 10	10 53	11 10	11 52	12 10	12 53	13 10	13 52
Llysfaen / Lisvane & Thornhill	d	09 44	10 14	10 58	11 14	11 56	12 14	12 58	13 14	13 56
Llanishen	d	09 46	10 16	11 00	11 16	11 58	12 16	13 00	13 16	13 58
Lefel Uchel / Heath High Level	d	09 49	10 19	11 03	11 19	12 01	12 19	13 03	13 19	14 01
Heol y Frenhines / Cardiff Queen St	a	09 55	10 26	11 09	11 26	12 07	12 26	13 09	13 26	14 07
Caerdydd Canolog / Cardiff Central	a	09 59	10 34	11 14	11 34	12 11	12 34	13 14	13 34	14 11
Caerdydd Canolog / Cardiff Central	d	09 16		11 16				13 16		
Grangetown	d	09 20		11 20				13 20		
Rhws a Maes Awyr / Rhoose & Airport	a		11 12			13 12				15 12
Heol Dingle / Dingle Road	d	09 26		11 24				13 24		
Penarth	a	09 31		11 29				13 29		

Cwm Rhymni - Caerffili - Caerdydd - Penarth										Dydd Sul
Rhyrney Valley - Caerphilly - Cardiff - Penarth										Sundays
	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW
Rhymni / Rhymney	d	14 13		15 13		16 13		17 12		18 13
Pontlotyn / Pontlottyn	d	14 16		15 16		16 16		17 15		18 16
Tir-phil	d	14 21		15 21		16 21		17 19		18 21
Brithdir	d	14 23		15 23		16 23		17 22		18 23
Bargoed	d	14 28		15 28		16 28		17 26		18 28
Gilfach Fargoed	d	14 30x		15 30x		16 30x		17 29x		18 30x
Pengam	d	14 33		15 33		16 33		17 31		18 33
Hengoed	d	14 36		15 36		16 36		17 35		18 36
Ystrad Mynach	a	14 40		15 40		16 40		17 38		18 40
Ystrad Mynach	d	14 40		15 40		16 40		17 38		18 40
Llanbradach	d	14 44		15 44		16 44		17 43		18 44
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	14 48		15 48		16 48		17 46		18 48
Aber	d	14 50		15 50		16 50		17 49		18 50
Caerffili / Caerphilly	d	14 14	14 53	15 10	15 53	16 10	16 53	17 10	17 52	18 10
Llysfaen / Lisvane & Thornhill	d	14 18	14 58	15 14	15 58	16 14	16 58	17 14	17 56	18 14
Llanishen	d	14 20	15 00	15 16	16 00	16 16	17 00	17 16	17 58	18 16
Lefel Uchel / Heath High Level	d	14 23	15 03	15 19	16 03	16 19	17 03	17 19	18 01	18 19
Heol y Frenhines / Cardiff Queen St	a	14 30	15 09	15 26	16 09	16 26	17 09	17 26	18 07	18 26
Caerdydd Canolog / Cardiff Central	a	14 34	15 14	15 34	16 14	16 34	17 14	17 34	18 11	18 34
Caerdydd Canolog / Cardiff Central	d		15 16		16 16		17 16			19 16
Grangetown	d		15 20		16 20		17 20			19 20
Rhws a Maes Awyr / Rhoose & Airport	a				17 12		18 12		19 12	
Heol Dingle / Dingle Road	d		15 24		16 24		17 24			19 24
Penarth	a		15 29		16 29		17 29			19 29

	TfW	TfW	TfW	TfW	TfW					
Rhymni / Rhymney	d	1927			20 12					
Pontlotyn / Pontlottyn	d	1930			2020					
Tir-phil	d	1935			2025					
Brithdir	d	1937			2030					
Bargoed	d	1942			2035					
Gilfach Fargoes	d	1945x			204 1x					
Pengam	d	1947			2046					
Hengoed	d	195 1			2056					
Ystrad Mynach	 a	1954			2 10 1					
Ystrad Mynach	 d	1954			2 10 1					
Llanbradach	d	1959			2 1 11					
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	2002			2 12 1					
Aber	d	2005			2 126					
Caerffili / Caerphilly	d	19 10	2008	2033	2 110	2 13 1				
Llysfaen / Lisvane & Thornhill	d	19 14	20 13	2043	2 120	2 14 1				
Llanishen	d	19 16	20 15	2048	2 125	2 146				
Lefel Uchel / Heath High Level	d	19 19	20 18	2053	2 130	2 15 1				
Heol y Frenhines / Cardiff Queen St	 a	1926	2025	2 108	2 145	2206				
Caerdydd Canolog / Cardiff Central	 a	1934	2030	2 116	2 153	22 14				
Caerdydd Canolog / Cardiff Central	 d		2032							
Grangetown	d		2036							
Rhws a Maes Awyr / Rhoose & Airport	a		2 1 12							
Heol Dingle / Dingle Road	d		204 1							
Penarth	a		2046							

Mae'r llwybrau mewn print tywyll yn dangos gwasanaethau bysiau yn lle trenau. Gweler y posteri  Information/Gwybodaeth yn y gorsafoddi i weld lle bydd y bysiau'n aros

Shaded routes indicate replacement bus services. Please see  Information/Gwybodaeth posters at stations for bus pick up point

Yn aml mae gwaith gwella'r rheilffyrdd yn effeithio ar wasanaethau ar y Sul, gan gynnwys arlwyio ar drenau. Cyn teithio ewch i www.trc.cymru neu ffoniwch 03457 484 950.






Rail improvement work often affects Sunday services, including on-train catering. Before travelling, visit www.tfw.wales or call 03457 484 950.






Penarth - Caerdydd - Caerffili - Cwm Rhymni							Dydd Llun i ddydd Sadwrn				
Penarth - Cardiff - Caerphilly - Rhymney Valley							Mondays to Saturdays				
	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	
Penarth	d	0602	0632	0702	0717	0734	0747	0803	0818	0833	
Heol Dingle / Dingle Road	d	0604	0634	0704	0719	0736	0749	0805	0820	0835	
Rhws a Maes Awyr / Rhoose Cardiff & Airport	d		0606			0706				0806	
Grangetown	d	0538	0608	0639	0708	0723	0740	0754	0809	0824	
Caerdydd Canolog / Cardiff Central	3 a	0544	0614	0645	0714	0730	0746	0801	0815	0830	
Caerdydd Canolog / Cardiff Central	3 d	0546	0616	0646	0716	0731	0746	0801	0816	0831	
Heol y Frenhines / Cardiff Queen St	3 d	0550	0620	0650	0720	0735	0750	0805	0820	0835	
Lefel Uchel / Heath High Level	d	0555	0625	0655	0725	0740	0755	0810	0825	0840	
Llanishen	d	0558	0628	0658	0728	0743	0758	0813	0828	0843	
Llysfaen / Lisvane & Thornhill	d	0600	0630	0700	0731	0745	0800	0816	0830	0846	
Caerffili / Caerphilly	d	0608a	0636	0706	0737	0751	0806	0822	0837	0853	
Aber	d		0638	0708	0739	0753	0808	0824	0839	0855	
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d				0742			0827	0841		
Llanbradach	d		0642	0712	0746	0757	0812	0831	0845	0900	
Ystrad Mynach	3 a		0647	0717	0752	0802	0817	0837	0850	0906	
Ystrad Mynach	3 d		0647	0717	0752	0802	0817	0837	0850	0906	
Hengoed	d		0650	0720	0755	0805	0820	0840	0853	0909	
Pengam	d		0653	0723	0758	0808	0823	0844	0856	0913	
Gilfach Fargoed	d						0847x				
Bargoed	a		0701	0731	0806	0814	0831	0852	0902	0920	
Brithdir	d					0818			0905		
Tir-phil	d					0821			0908		
Pontlotyn / Pontlottyn	d					0825			0913		
Rhymni / Rhymney	a					0831			0918		

Penarth - Caerdydd - Caerffili - Cwm Rhymni							Dydd Llun i ddydd Sadwrn				
Penarth - Cardiff - Caerphilly - Rhymney Valley							Mondays to Saturdays				
	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	
Penarth	d	0848		0918	0933	0947	1003	1018	1033	1048	
Heol Dingle / Dingle Road	d	0850		0920	0935	0949	1005	1020	1035	1050	
Rhws a Maes Awyr / Rhoose Cardiff & Airport	d				0906				1006		
Grangetown	d	0854	0834	0924	0939	0953	1009	1024	1039	1055	
Caerdydd Canolog / Cardiff Central	3 a	0901		0930	0945	1000	1015	1030	1045	1101	
Caerdydd Canolog / Cardiff Central	3 d	0901	0916	0931	0946		1016	1031	1046	1101	
Heol y Frenhines / Cardiff Queen St	3 d	0906	0920	0935	0950		1020	1035	1050	1105	
Lefel Uchel / Heath High Level	d	0911	0925	0940	0955		1025	1040	1055	1110	
Llanishen	d	0914	0928	0943	0958		1028	1043	1058	1113	
Llysfaen / Lisvane & Thornhill	d	0916	0930	0946	1001		1030	1046	1101	1116	
Caerffili / Caerphilly	d	0922	0937	0953	1007		1037	1053	1107	1122	
Aber	d	0924	0939	0955	1009		1039	1055	1109	1124	
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	0927	0941				1041			1127	
Llanbradach	d	0931	0945	1000	1014		1045	1100	1114	1131	
Ystrad Mynach	3 a	0937	0951	1006	1021		1050	1106	1121	1137	
Ystrad Mynach	3 d	0937	0951	1006			1050	1106	1137	1151	
Hengoed	d	0940	0953	1009			1053	1109	1140	1153	
Pengam	d	0944	0957	1013			1056	1113	1144	1157	
Gilfach Fargoed	d	0947x								1147x	
Bargoed	a	0952	1003	1020			1102	1121	1152	1203	
Brithdir	d		1006				1105			1206	
Tir-phil	d		1009				1108			1209	
Pontlotyn / Pontlottyn	d		1013				1113			1213	
Rhymni / Rhymney	a		1019				1118			1219	

Gall gwaith i wella rheilffyrdd effeithio ar deithiau ar ddiwrnodau'r wythnos cyn 0630 neu ar ôl 2100. Cyn teithio, ewch i www.trc.cymru neu ffoniwch 03457 48 49 50.

Rail improvement work can affect journeys on weekdays before 0630 or after 2100 hours and on weekends. Before travelling, visit www.tfw.wales or call 03457 48 49 50.

Penarth - Caerdydd - Caerffili - Cwm Rhymni							Dydd Llun i ddydd Sadwrn				
Penarth - Cardiff - Caerphilly - Rhymney Valley							Mondays to Saturdays				
		TfW SO	TfW SX	TfW	TfW	TfW	TfW	TfW	TfW	TfW	
Penarth	d	11 18		1133	1148	1203	12 18	1233	1248	1303	13 18
Heol Dingle / Dingle Road	d	1120		1135	1150	1205	1220	1235	1250	1305	1320
Rhws a Maes Awyr / Rhoose Cardiff & Airport	d			1106				1206			
Grangetown	d	1124	1034	1139	1154	1209	1224	1239	1254	1309	1324
Caerdydd Canolog / Cardiff Central	 a	1130		1146	120 1	12 15	1230	1245	1300	13 16	1330
Caerdydd Canolog / Cardiff Central	 d	1131	113 1	1146	120 1	12 16	123 1	1246	130 1	13 16	133 1
Heol y Frenhines / Cardiff Queen St	 d	1135	1135	1150	1205	1220	1235	1250	1305	1320	1335
Lefel Uchel / Heath High Level	d	1140	1140	1155	12 10	1225	1240	1255	13 10	1325	1340
Llanishen	d	1143	1143	1158	12 13	1228	1243	1258	13 13	1328	1343
Llysfaen / Lisvane & Thornhill	d	1146	1146	120 1	12 16	1230	1246	130 1	13 16	1330	1346
Caerffili / Caerphilly	d	1153	1153	1207	1222	1237	1253	1307	1322	1337	1353
Aber	d	1155	1155	1209	1224	1239	1255	1309	1324	1339	1355
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d				1227	124 1			1327	134 1	
Llanbradach	d	1200	1200	12 14	123 1	1245	1300	13 14	133 1	1345	1400
Ystrad Mynach	 a	1206	1206	122 1	1237	1250	1306	132 1	1337	135 1	1406
Ystrad Mynach	 d	1206	1206		1237	1250	1306		1337	135 1	1406
Hengoed	d	1209	1209		1240	1253	1309		1340	1353	1409
Pengam	d	12 13	12 13		1244	1256	13 13		1344	1357	14 13
Gilfach Fargoed	d				1247x				1347x		
Bargoed	a	1220	1220		1252	1302	1320		1352	1403	1420
Brithdir	d					1305				1406	
Tir-phil	d					1308				1409	
Pontlotyn / Pontlottyn	d					13 13				14 13	
Rhymni / Rhymney	a					13 18				14 19	

Penarth - Caerdydd - Caerffili - Cwm Rhymni							Dydd Llun i ddydd Sadwrn				
Penarth - Cardiff - Caerphilly - Rhymney Valley							Mondays to Saturdays				
		TfW	TfW	TfW	TfW	TfW SO	TfW SX	TfW	TfW	TfW	TfW
Penarth	d	1333	1348	1403	14 18	1433		1448	1503	15 18	1533
Heol Dingle / Dingle Road	d	1335	1350	1405	1420	1435		1450	1505	1520	1535
Rhws a Maes Awyr / Rhoose Cardiff & Airport	d	1306				1406	1406				1506
Grangetown	d	1339	1354	1409	1424	1439	1434	1455	1509	1524	1539
Caerdydd Canolog / Cardiff Central	 a	1346	1400	14 15	1430	1445		150 1	15 15	1530	1545
Caerdydd Canolog / Cardiff Central	 d	1346	140 1	14 16	143 1	1446	1447	150 1	15 16	153 1	1546
Heol y Frenhines / Cardiff Queen St	 d	1350	1405	1420	1435	1450	145 1	1505	1520	1535	1550
Lefel Uchel / Heath High Level	d	1355	14 10	1425	1440	1455	1456	15 10	1525	1540	1555
Llanishen	d	1358	14 13	1428	1443	1458	1459	15 13	1528	1543	1558
Llysfaen / Lisvane & Thornhill	d	140 1	14 16	1430	1446	150 1	1502	15 16	1530	1545	1600
Caerffili / Caerphilly	d	1407	1422	1437	1453	1507	1507	1522	1537	155 1	1606
Aber	d	1409	1424	1439	1455	1509	15 10	1524	1539	1553	1608
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d		1427	144 1				1527	154 1		
Llanbradach	d	14 14	143 1	1445	1500	15 14	15 14	153 1	1545	1557	16 12
Ystrad Mynach	 a	142 1	1437	1450	1506	152 1	152 1	1537	155 1	1602	16 17
Ystrad Mynach	 d		1437	1450	1506			1537	155 1	1602	16 17
Hengoed	d		1440	1453	1509			1540	1553	1605	1620
Pengam	d		1444	1456	15 13			1544	1557	1608	1623
Gilfach Fargoed	d		1447x					1547x			
Bargoed	a		1452	1502	1520			1552	1602	16 15	1630
Brithdir	d			1505					1606		
Tir-phil	d			1508					1609		
Pontlotyn / Pontlottyn	d			15 13					16 13		
Rhymni / Rhymney	a			15 18					16 17		

Nodiadau

SO Dydd Sadwrn yn unig
 SX Dydd Llun i ddydd Gwener

Notes

SO Saturday only
 SX Monday to Friday

Penarth - Caerdydd - Caerffili - Cwm Rhymni							Dydd Llun i ddydd Sadwrn				
Penarth - Cardiff - Caerphilly - Rhymney Valley							Mondays to Saturdays				
	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	
Penarth	d	1548	1603	1618	1633	1648	1703	1718	1733	1748	1803
Heol Dingle / Dingle Road	d	1550	1605	1620	1635	1650	1705	1720	1735	1750	1805
Rhws a Maes Awyr / Rhoose Cardiff & Airport	d				1606				1706		
Grangetown	d	1554	1609	1624	1639	1654	1709	1724	1739	1754	1809
Caerdydd Canolog / Cardiff Central	3 a	1600	1615	1630	1645	1700	1715	1730	1745	1800	1814
Caerdydd Canolog / Cardiff Central	3 d	1601	1616	1631	1646	1701	1716	1731	1746	1801	1816
Heol y Frenhines / Cardiff Queen St	3 d	1605	1620	1635	1650	1705	1720	1735	1750	1805	1820
Lefel Uchel / Heath High Level	d	1610	1625	1640	1655	1710	1725	1740	1755	1810	1825
Llanishen	d	1613	1628	1643	1658	1713	1728	1743	1759	1813	1828
Llysfaen / Lisvane & Thornhill	d	1616	1630	1645	1700	1715	1731	1745	1802	1815	1830
Caerffili / Caerphilly	d	1622	1637	1651	1706	1722	1737	1752	1808	1821	1836
Aber	d	1624	1639	1653	1708	1724	1739	1754	1811	1823	1838
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	1627	1641			1726	1742	1756	1814		1841
Llanbradach	d	1631	1645	1657	1712	1730	1746	1800	1818	1827	1844
Ystrad Mynach	3 a	1637	1650	1702	1717	1736	1751	1805	1823	1832	1852
Ystrad Mynach	3 d	1637	1650	1702	1717	1736	1751	1805	1823	1832	
Hengoed	d	1640	1653	1705	1720	1738	1754	1808	1826	1835	
Pengam	d	1644	1656	1708	1723	1742	1757	1811	1830	1838	
Gilfach Fargoed	d	1647				1745x		1814x	1834x	1841x	
Bargoed	a	1652	1702	1715	1730	1749	1804	1818	1838	1847	
Brithdir	d		1705			1753		1822	1841		
Tir-phil	d		1708			1756		1825	1844		
Pontlotyn / Pontlottyn	d		1713			1800		1829	1849		
Rhymni / Rhymney	a		1718			1806		1835	1855		

Penarth - Caerdydd - Caerffili - Cwm Rhymni							Dydd Llun i ddydd Sadwrn				
Penarth - Cardiff - Caerphilly - Rhymney Valley							Mondays to Saturdays				
	TfW	TfW	TfW	TfW FSO	TfW FX	TfW FSO	TfW FX	TfW FSO	TfW FX	TfW FSO	
Penarth	d	1818	1833	1848	1918	1918		1948	1948	2018	2018
Heol Dingle / Dingle Road	d	1820	1835	1850	1920	1920		1950	1950	2020	2020
Rhws a Maes Awyr / Rhoose Cardiff & Airport	d		1806				1906				
Grangetown	d	1824	1839	1854	1924	1924	1950	1954	1954	2024	2024
Caerdydd Canolog / Cardiff Central	3 a	1830	1845	1900	1930	1930	1956	2000	2000	2030	2031
Caerdydd Canolog / Cardiff Central	3 d	1831		1901	1931	1931	2002	2001	2006		2031
Heol y Frenhines / Cardiff Queen St	3 d	1835		1905	1936	1935	2006	2005	2010a		2036
Lefel Uchel / Heath High Level	d	1840		1910	1940	1940	2011	2010			2041
Llanishen	d	1843		1913	1943	1944	2014	2013			2044
Llysfaen / Lisvane & Thornhill	d	1845		1915	1946	1947	2016	2015			2046
Caerffili / Caerphilly	d	1852		1923a	1952	1953a	2022a	2022			2052
Aber	d	1854			1954			2024			2054
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	1856			1957			2026			2056
Llanbradach	d	1900			2000			2030			2100
Ystrad Mynach	3 a	1905			2005			2035			2105
Ystrad Mynach	3 d	1905			2006			2035			2105
Hengoed	d	1908			2008			2038			2108
Pengam	d	1911			2012			2041			2111
Gilfach Fargoed	d	1914x			2015x						2114x
Bargoed	a	1919			2019			2047			2119
Brithdir	d	1923			2023			2050			2123
Tir-phil	d	1926			2026			2053			2126
Pontlotyn / Pontlottyn	d	1930			2030			2058			2130
Rhymni / Rhymney	a	1935			2035			2102			2135

Nodiadau

FSO Dydd Gwener a dydd Sadwrn yn unig

FX Dydd Llun i ddydd Iau

Notes

FSO Friday and Saturday only

FX Monday to Thursday

Penarth - Caerdydd - Caerffili - Cwm Rhymni				Dydd Llun i ddydd Sadwrn						
Penarth - Cardiff - Caerphilly - Rhymney Valley				Mondays to Saturdays						
	TfW FX	TfW FX N	TfW FX	TfW FSO	TfW FO	TfW SO	TfW FX	TfW	TfW FX	TfW FSO
Penarth	d	2048		2048				2 124	2 148	2 148
Heol Dingle / Dingle Road	d	2050		2050				2 126	2 150	2 150
Rhws a Maes Awyr / Rhoose Cardiff & Airport	d			2006	2006				2 106	2 106
Grangetown	d	2054		2054	2034	2034		2 130	2 154	2 154
Caerdydd Canolog / Cardiff Central	a	2059		2 100				2 138	2200	2200
Caerdydd Canolog / Cardiff Central	d	2031	2 105	2 101	2 101	2 132	2 132	2 132		2201
Heol y Frenhines / Cardiff Queen St	d	2039	2 109a	2 109	2 105	2 136	2 136	2 140		2205
Lefel Uchel / Heath High Level	d	2054		2 124	2 111	2 141	2 141	2 155		22 10
Llanishen	d	2059		2 129	2 114	2 144	2 144	2200		22 13
Llysfaen / Lisvane & Thornhill	d	2 104		2 134	2 116	2 146	2 146	2205		22 15
Caerffili / Caerphilly	d	2 114		2 144	2 122	2 153	2 153	22 15		2223a
Aber	d	2 119		2 154	2 124	2 155	2 155	2220		
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	2 124		2 159	2 126	2 157	2 157	2225		
Llanbradach	d	2 134		2209	2 130	2201	2201	2235		
Ystrad Mynach	a	2 144		22 19	2 138	2206	2206	2245		
Ystrad Mynach	d	2 144				2206	2206	2245		
Hengoed	d	2 149				2209	2209	2250		
Pengam	d	2 159				22 12	22 12	2300		
Gilfach Fargoed	d	2204				22 15x	22 15x	2305		
Bargoed	a	2209				2220	2220	23 10		
Brithdir	d	22 14				2224	2224	23 15		
Tir-phil	d	22 19				2227	2227	2320		
Pontlotyn / Pontlottyn	d	2224				2231	2231	2325		
Rhymni / Rhymney	a	2232				2236	2236	2333		

Penarth - Caerdydd - Caerffili - Cwm Rhymni				Dydd Llun i ddydd Sadwrn						
Penarth - Cardiff - Caerphilly - Rhymney Valley				Mondays to Saturdays						
	TfW FX	TfW	TfW FSO	TfW FX	TfW FX U	TfW FX N	TfW FSO	TfW FX	TfW	
Penarth	d	2220			225 1	225 1	225 1		2326	
Heol Dingle / Dingle Road	d	2222			2253	2253	2253		2328	
Rhws a Maes Awyr / Rhoose Cardiff & Airport	d				2206	2206	2206			
Grangetown	d	2226	2 134		2257	2257	2257		2332	
Caerdydd Canolog / Cardiff Central	a	2233			2302	2302	2303		2337	
Caerdydd Canolog / Cardiff Central	d	2201		2235	2235		2306	23 16	23 16	
Heol y Frenhines / Cardiff Queen St	d	2209		2239	2243		23 10a	2320	2324	
Lefel Uchel / Heath High Level	d	2224		2244	2258			2325	2339	
Llanishen	d	2229		2247	2303			2328	2344	
Llysfaen / Lisvane & Thornhill	d	2234		2249	2308			2330	2349	
Caerffili / Caerphilly	d	2244a		2256	23 18			2336	2359	
Aber	d			2258	2323			2338	0009	
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d			2300	2328			2340	00 14	
Llanbradach	d			2304	2338			2344	0024	
Ystrad Mynach	a			2309	2348			2352	0034	
Ystrad Mynach	d			2309	2348					
Hengoed	d			23 12	2353					
Pengam	d			23 15	0003					
Gilfach Fargoed	d			23 18x	0008					
Bargoed	a			2323	00 13					
Brithdir	d			2327	00 18					
Tir-phil	d			2330	0023					
Pontlotyn / Pontlottyn	d			2334	0028					
Rhymni / Rhymney	a			2339	0036					

Nodiadau

- FX Dydd Llun i ddydd lau
- N Tan 9 Chwefror. I Bontypridd
- FSO Dydd Gwener a dydd Sadwrn yn unig
- FO Dydd Gwener yn unig
- SO Dydd Sadwrn yn unig
- U O 13 Chwefror

Notes

- FX Monday to Thursday
- N Until 9 February. To Pontypridd
- FSO Friday and Saturday only
- FO Friday only
- SO Saturday only
- U From 13 February

Penarth - Caerdydd - Caerffili - Cwm Rhymni										Dydd Sul
Penarth - Cardiff - Caerphilly - Rhymney Valley										Sundays
	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW
Penarth	d			0947				1147		
Heol Dingle / Dingle Road	d			0949				1149		
Rhws a Maes Awyr / Rhoose Cardiff & Airport	d					1006				1206
Grangetown	d			0953			1034	1153		1234
Caerdydd Canolog / Cardiff Central	3 a			1001				1201		
Caerdydd Canolog / Cardiff Central	3 d	0905	0941	1005	1041	1106	1141	1205	1241	1306 1341
Heol y Frenhines / Cardiff Queen St	3 d	0909	0946	1009	1046	1110	1146	1209	1246	1310 1346
Lefel Uchel / Heath High Level	d	0914	0951	1014	1051	1115	1151	1214	1251	1315 1351
Llanishen	d	0917	0954	1017	1054	1118	1154	1217	1254	1318 1354
Llysfaen / Lisvane & Thornhill	d	0919	0957	1019	1057	1120	1157	1219	1257	1320 1357
Caerffili / Caerphilly	d	0925	1004a	1025	1104a	1126	1204a	1225	1304a	1326 1404a
Aber	d	0927		1027		1128		1227		1328
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	0930		1030		1131		1230		1331
Llanbradach	d	0933		1033		1134		1233		1334
Ystrad Mynach	3 a	0939		1039		1140		1239		1340
Ystrad Mynach	3 d	0939		1039		1140		1239		1340
Hengoed	d	0942		1042		1143		1242		1343
Pengam	d	0945		1045		1146		1245		1346
Gilfach Fargoed	d	0948x		1048x		1149x		1248x		1349x
Bargoed	a	0953		1053		1154		1253		1354
Brithdir	d	0956		1056		1157		1256		1357
Tir-phil	d	0959		1059		1200		1259		1400
Pontlotyn / Pontlottyn	d	1004		1104		1205		1304		1405
Rhymni / Rhymney	a	1009		1109		1209		1308		1410

Penarth - Caerdydd - Caerffili - Cwm Rhymni										Dydd Sul
Penarth - Cardiff - Caerphilly - Rhymney Valley										Sundays
	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW
Penarth	d	1347				1547		1647		1747
Heol Dingle / Dingle Road	d	1349				1549		1649		1749
Rhws a Maes Awyr / Rhoose Cardiff & Airport	d			1406				1606		
Grangetown	d	1353		1434		1553		1653	1634	1753
Caerdydd Canolog / Cardiff Central	3 a	1401				1601		1701		1801
Caerdydd Canolog / Cardiff Central	3 d	1405	1441	1506	1541	1605	1641	1705	1741	1805 1841
Heol y Frenhines / Cardiff Queen St	3 d	1410	1446	1510	1546	1609	1646	1709	1746	1809 1846
Lefel Uchel / Heath High Level	d	1415	1451	1515	1551	1614	1651	1714	1751	1814 1851
Llanishen	d	1418	1454	1518	1554	1617	1654	1717	1754	1817 1854
Llysfaen / Lisvane & Thornhill	d	1420	1457	1520	1557	1619	1657	1719	1757	1819 1857
Caerffili / Caerphilly	d	1426	1504a	1526	1604a	1625	1704a	1725	1804a	1825 1904a
Aber	d	1428		1528		1627		1727		1827
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	1431		1531		1630		1730		1830
Llanbradach	d	1434		1534		1633		1733		1833
Ystrad Mynach	3 a	1440		1540		1639		1739		1839
Ystrad Mynach	3 d	1440		1540		1639		1739		1839
Hengoed	d	1443		1543		1642		1742		1842
Pengam	d	1446		1546		1645		1745		1845
Gilfach Fargoed	d	1449x		1549x		1648x		1748x		1848x
Bargoed	a	1454		1554		1653		1753		1853
Brithdir	d	1457		1557		1656		1756		1856
Tir-phil	d	1500		1600		1659		1759		1859
Pontlotyn / Pontlottyn	d	1505		1605		1704		1804		1904
Rhymni / Rhymney	a	1509		1609		1709		1808		1908

I gael esboniad o'r nodiadau a symbolau safonol gweler gwaelod yr amserlen
For an explanation of standard notes and symbols, please see end of timetable

	TfW	TfW	TfW	TfW	TfW					
Penarth	d	1947		2052						
Heol Dingle / Dingle Road	d	1949		2055						
Rhws a Maes Awyr / Rhoose Cardiff & Airport	d	1806	1906		2006					
Grangetown	d	1834	1953		2 100					
Caerdydd Canolog / Cardiff Central	a		200 1		2 107					
Caerdydd Canolog / Cardiff Central	d	1906	2005	2045		2 111				
Heol y Frenhines / Cardiff Queen St	d	19 10	2009	2053		2 119				
Lefel Uchel / Heath High Level	d	19 15	20 14	2 108		2 134				
Llanishen	d	19 18	20 17	2 113		2 139				
Llysfaen / Lisvane & Thornhill	d	1920	20 19	2 118		2 144				
Caerffili / Caerphilly	d	1926	2025	2 128a		2 154				
Aber	d	1928	2027			2 159				
Eneu'r-glyn a Pharc Churchill / Energlyn & Churchill Park	d	1931	2030			2204				
Llanbradach	d	1934	2033			22 14				
Ystrad Mynach	a	1940	2039			2224				
Ystrad Mynach	d	1940	2039			2224				
Hengoed	d	1942	2042			2229				
Pengam	d	1946	2045			2239				
Gilfach Fargoes	d	1949x	2048x			2244				
Bargoed	a	1953	2053			2249				
Brithdir	d	1957	2056			2254				
Tir-phil	d	2000	2059			2259				
Pontlotyn / Pontlottyn	d	2004	2 104			2304				
Rhymni / Rhymney	a	2009	2 108			23 12				

Mae'r llwybrau mewn print tywyll yn dangos gwasanaethau bysiau yn lle trenau. Gweler y posteri Information/Gwybodaeth yn y gorsafoddi i weld lle bydd y bysiau'n aros

Shaded routes indicate replacement bus services. Please see Information/Gwybodaeth posters at stations for bus pick up point

Yn aml mae gwaith gwella'r rheilffyrdd yn effeithio ar wasanaethau ar y Sul, gan gynnwys arlwyio ar drenau. Cyn teithio ewch i www.trc.cymru neu ffoniwch 03457 484 950.

Rail improvement work often affects Sunday services, including on-train catering. Before travelling, visit www.tfw.wales or call 03457 484 950.

Nodiadau safonol

Standard notes

Mae'r amseroedd **mewn coch** yn dynodi gwasanaethau sy'n cysylltu

Times in **red type** indicate connecting services.

Amser cyrraedd	a	Arrival time
Amser ymadael	d	Departure time
Yn aros i ollwng teithwyr yn unig	s	Stops to set down only
Yn aros i godi teithwyr yn unig	u	Stops to pick up only
Yn aros ar gais. Rhaid i bobl sydd eisiau mynd i lawr hysbysu'r tocynnwr. Rhaid i bobl sydd eisiau mynd ar y trên roi'r arwydd llaw priodol i'r gyrrwr	x	Service stops on request. Passengers wishing to alight must inform the conductor. Passengers wishing to board must give the appropriate hand signal to the driver
Amser cysylltu a argymhellir	10	Recommended connecting time
Yn parhau mewn colofn ddiweddarach	L →	Continued in later column
Parhad o golofn gynharach	← L	Continued from earlier column
Hefyd â seddi Dosbarth Cyntaf	1	Also conveys First Class accommodation
Mae gwasanaeth troli o byrbrydau oer, brechdanau a diodydd poeth ac oer ar gael ar ran o'r daith neu'r daith i gyd	☪	An at seat service of cold snacks, sandwiches and hot and cold drinks is available for all or part of the journey
Darperir bwyty (i ddeiliaid tocynnau Dosbarth Cyntaf neu docynnau Dosbarth Busnes TfW) a gwasanaeth bwffe o fyrbrydau poeth, brechdanau, diodydd oer a phoeth	☒	A restaurant (for 1st Class ticket holders, or TfW Business Class ticket holders) and a buffet service of hot snacks, sandwiches, hot and cold drinks are provided
Mae gwasanaeth bwffe sy'n cynnwys byrbrydau poeth, brechdanau a diodydd poeth ac oer ar gael	☐	A buffet service of hot snacks, sandwiches and hot and cold drinks is provided
Great Western Railway	GW	Great Western Railway
West Midlands Trains	LM	West Midlands Trains
Trafniduaiaeth Cymru	TfW	Transport for Wales
Avanti West Coast	VT	Avanti West Coast
Northern	NT	Northern
Cross Country	XC	Cross Country

Cysylltwch â ni er mwyn:

- gofyn am yr amserlen mewn fformat gwahanol, gan gynnwys print bras
- rhoi gwybod am nam neu ddifrod i'n trenau a'n gorsafoedd
- gwneud sylw am ein gwasanaethau trên
- gofyn am wybodaeth arall i gwsmeriaid gan gynnwys y siarter teithwyr
- hawlio unrhyw iawndal am oedi o 15 munud neu ragor.

Get in touch to:

- request other timetable formats, including large print
- report faults or damage to our trains and stations
- comment on our train services
- request other customer information including the passenger charter
- claim any compensation for delays of 15 minutes or more.



WhatsApp 07790 952507



0333 3211 202

Mae costau rhwydwaith safonol yn berthnasol. Gall pris galwadau o ffonau symudol fod yn uwch
Standard network charges apply. Calls from mobiles may be higher



trc.cymru
tfw.wales



Dilynwch ni: **@tfwrail**
Follow us: **@tfwrail**



I weld ein cynigion a'n bargeinion, cofrestrwch yn **trc.cymru/cofrestru**
For offers and deals, register at **tfw.wales/signup**



Prynu Cyn Teithio. Archebwch ar **ap TrC**, **trc.cymru** neu mewn gorsaf
Buy before you board. Book on the **TfW app**, **tfw.wales** or at a station



Gallwch archebu cymorth arbennig ymlaen llaw - hyd at 2 awr cyn i'ch taith ddechrau, 24/7. I archebu, neu i gael rhagor o wybodaeth am Gymorth i Deithwyr ffoniwch ein tîm Cymorth wrth Deithio: **033 300 50 501** RelayUK: **18001 033 300 50 501** neu ewch i **trc.cymru/teithio-hygyrch**. Gallwch hefyd "gyrraedd a mynd" heb archebu cymorth arbennig ymlaen llaw. Byddwn yn eich helpu i gyrraedd lle'r ydych chi eisiau mynd.

You can request an assistance booking in advance - up to 2 hours before your journey is due to start, 24/7. To make a booking or for more information about Passenger Assist call our Assisted Travel team: **033 300 50 501** RelayUK: **18001 033 300 50 501** or visit **tfw.wales/accessible-travel**. You can also simply "turn up and go" without booking assistance in advance. We'll provide assistance to get you to your destination.



Mae toiledau hygyrch ar bob gwasanaeth, ond dim ym mhob cerbyd. Holwch staff y trên neu edrych ar yr arwyddion ar y drysau i wneud yn siŵr eich bod yn defnyddio'r rhan iawn o'r trên.

Accessible toilets are available on all our services, but not every carriage. Please check with railway staff or door signs to ensure you access the right part of the train.